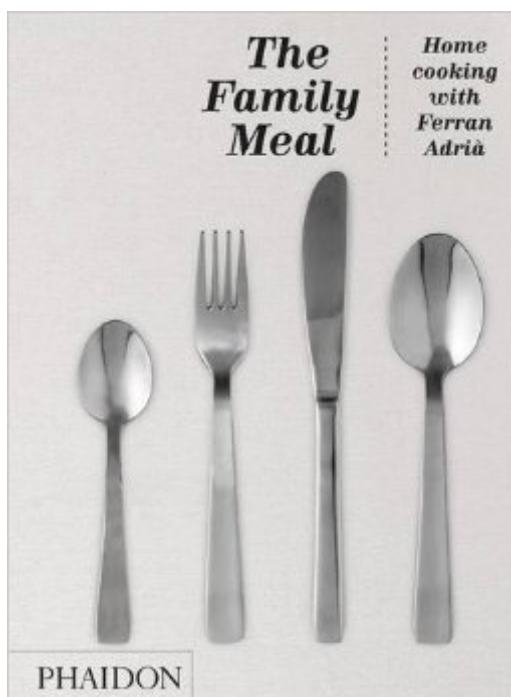


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# The Family Meal: Home Cooking With Ferran Adrià



## Synopsis

The Family Meal is the first home cooking cookbook by the world's greatest chef, Ferran Adria. It features nearly 100 delicious recipes by Ferran Adria that anyone can prepare, inspired by the dishes eaten every day by the staff at his legendary restaurant El Bulli, awarded World's Best Restaurant five times. The recipes in The Family Meal are easy-to-prepare and meant for family dining at home. From Roast Chicken with Potato Straws, Sea Bass Baked in Salt and Mexican-style Slow-Cooked Pork to White Chocolate Cake and Baked Apples with Whipped Cream, there is a wide selection of everyday classics for every night of the week. The cookbook is also the first by such a renowned chef to ensure that the dishes are affordable and the ingredients are widely available at the local supermarket. The Family Meal is organized into three-course menus, with appetizers, mains and desserts, so you can prepare a well-balanced meal at home without fuss. Each recipe is shown with numerous step-by-step full-color photographs, and conversions on how you can prepare a meal for a small or large group - for 2, 6, 20 or 75 people. This is the cookbook by Ferran Adria everyone has been waiting for, it is sure to be one of the most talked out and popular cookbooks of the season.

## Book Information

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Average Customer Review: 4.1 out of 5 stars Â Â See all reviews Â (125 customer reviews)

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## Customer Reviews

I've never eaten at El Bulli, and I know Chef Adria only via some guest appearances on TV. I can't say enough good things about this cookbook. It will work for novices and experts alike. There are tons of tips, and many of the sauces have freezing instructions as well. Pretty much every step has

a full-color photo, so it's hard to make a mistake. There are no strange ingredients either. My only complaint (if I can say that) is nearly every meal contains a fish course--and I'm not a fan of fish. My husband is, however, so thinks it's the best cookbook I own. :) When I bought it, did not have any way to preview it. So, I'll try and tell you what's in it. First, there are the basic recipes. Each one of these has step by step close-up pictures. Picada, Tomato sauce, Sofrito, Bolognese sauce, Romesco sauce, Pesto sauce, Barbecue sauce, Teriyaki sauce, Chimichurri sauce, Croutons, and Aiolo. Most have two different quantities you can make depending on your needs. Stocks: One nice tip he gives is that they reboil the stuff they made a stock with, calling it second stock....and then use that as the water the next time they make stock. Fish stock, chicken stock, beef stock, and ham stock. Now the meals. There are 31. Each one contains ingredients for 2, 6, 20, and 75 people. Each one contains step by step pictures and a timeline.

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